# DOYLESTOWN TOWNSHIP PARKS & RECREATION 2016 Fall Program Guide











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#### PRESCHOOL/YOUTH

#### **Kids' Cartooning**

In this one night session, kids will explore the world of cartooning and illustration. We will bring the well-known cartoons of today and discuss their significance to the art world. Illustrative drawing techniques, character development, and story building/writing will be explored. By the end of the class, each artist will have a fully developed cartoon strip to share with the world! All supplies will be provided... just need to bring your imagination!

Activity #	Date	Time	Day
0688.014	10/18	6:00 PM - 8:00 PM	Tu

Instructor: Kate Toussaint, professional photographer and illustrator

Location: Activity Center (425 Wells Road)

Ages: 7 - 12

Fees: R \$30 / NR \$35

#### **ACROSS THE AGES**

#### **Fall Birdwalk**

The Doylestown Township Parks and Recreation Department and the Environmental Advisory
Council invite you to participate in an "introduction to birdwatching" hike. Led by Township Bird Town Coordinator, Jeannine Mitchell, the walk will begin in Central Park and meander for approximately 2 miles along park system trails. Included in the walk will be a stop at the Central Park bird blind, and many sites where Fall migrating birds might be viewed. The pace of the walk will be relaxed, but sturdy

shoes are recommended! Also recommended: binoculars if you have them, a hat, water, and sunblock. All are welcome!

Activity #	Date	Time	Day
2001.014	10/1	9:00 AM - 11:00 AM	Sa

Instructor: Jeannine Mitchell, Doylestown Township Environmental Advisory Council Location: Central Park Picnic Pavillion 2

Ages: All are welcome!

Fees: \$5/person

#### PRESCHOOL/YOUTH

## Kitchen Wizards "Kids & Parents" Programs

Instructor: Kitchen Wizards

Location: Activity Center (425 Wells Road)

Fees: R \$36 / NR \$46

Additional child in same family: R \$15 / NR \$17 (discount applied at checkout)

#### 1) Candy Making

Parents and children with a sweet tooth will enjoy learning how to make several candies with a Halloween flair. Great to share with the family. Recipes provided, so kids can make and share with classmates at Halloween parties, too! Class fee includes all materials.

Activity #	Date	Time	Day
0319.014	10/27	10:00 AM - 11:30 A	M Th

Ages: 3 - 6 (with parent/guardian)

#### 2) Holiday Cookie Baking

What a wonderful way to gear up for the Christmas holidays! Start your own tradition of baking with your children - or learn new recipes/tips to add to your Christmas cookie baking!Class fee includes all materials.

Activity #	Date	Time	Day
0321.014	12/8	1:00 PM - 2:30 PM	Th

Ages: 4 - 8 (with parent/guardian)

### **Engineering for Kids**

#### Jr. Engineering

## 1) Jr. Robotics Engineering: Amazing Mechanisms

This class is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, students build a dancing bird, a smart spinner, and a drumming monkey. They also learn how to program and operate their creations using a laptop computer.

Activity #	Date	Time	Day
0316.014	10/2 - 10/23	1:00 PM - 2:30 PM	Su

#### 2) Jr. Industrial Engineering: Fun Factory

The Junior Industrial Engineering classes introduce our youngest engineers to fundamental concepts of simple machinery, cooperative building, and the assembly line process. Through open and focused exploration, students explore and construct simple machines and then use an assembly line process to produce a delicious treat!

Activity #	Date	Time	Day
0316.024	11/6 - 11/27	1:00 PM - 2:30 PM	Su

Location: Activity Center (425 Wells Road)

Ages: Grades K-2 Fees: R \$120 / NR \$130

#### **Apprentice Engineering**

## 1) Robotics Engineering: Da'Vinci's Designs

During the Da'Vinci's Designs robotics course, students will use LEGO® MINDSTORMS® to find viable solutions to some of the same challenges that Leonardo Da'Vinci was once faced with. These "ancient" real-word problems include making a mobile bridge, the perfect siege machine, and yes, even creating a masterpiece of art like the Mona Lisa.

Activity #	Date	Time	Day
0663.014	10/2 - 10/23	2:45 PM - 4:45 PM	Su

#### 2) Robotics Engineering: Envirobots

During the Envirobots course, students design and program robots to help accomplish environmentally friendly tasks. By creating robots that can transfer nuclear waste, mine raw minerals, and deliver food and goods more efficiently, they will be sure to contribute to a more sustainable environment.

Activity #	Date	Time	Day	
0663.024	11/6 - 11/27	2:45 PM - 4:45 PM	Su	
Location: Activity Center (425 Wells Road)				

Ages: Grades 3-5 Fees: R \$159 / NR \$169



#### Oops, we goofed...!?

From time to time there may be an error, typo and/or change to information in the program guide. If so, we will take every step to correct the situation in a timely and efficient manner. We appreciate your patience and understanding should these situations arise.





#### **Edible Gifts & Pizza Party**

Join Kitchen Wizards for the afternoon while mom and dad go out for some Black Friday shopping! Kids will prepare their own pizzas and cookies for lunch and make some gifts to give to those they love the most! All supplies included in fee.

Activity #	Date	Time	Day
0669.014	11/25	12:00 PM - 4:00 PM	F

Instructor: Kitchen Wizards

Location: Activity Center (425 Wells Road)

Ages: 8 - 12

Fees: R \$100 / NR \$110

#### They will also make a birdhouse to take home. This program is a great opportunity for kids to learn a hobby they can do for a lifetime!

Please note: A \$50 deposit for use of binoculars is due to the instructor on the first day, and will be refunded if binoculars are returned in good condition.

Activity #	Date	Time	Day
0687.014	11/21 - 1	1/221:00 PM - 4:30 P	M MTu

Instructor: Mary Ellen Noonan

Location: Activity Center (425 Wells Road)

Ages: 8 - 12

Fees: R \$58 / NR \$68

#### **Photo & Video Release**

On occasion our staff may photograph and/or video tape participants at programs/events. This is for Township use only and may be duplicated in township publications or video productions.

#### **Kids' Supper Club**

Kitchen Wizards will concoct lots of delicious foods with your young chefs! Don't worry about feeding the kids, they'll roll out their own pasta and meatballs, see how sauce is made, and make butter cookies for dessert! Mom and dad have the night off from dinner duty - maybe catch a movie or go out to dinner, just adults? All supplies are included.

Activity #	Date	Time	Day
0669.024	10/15	6:00 PM - 9:00 PM	Sa

Location: Activity Center (425 Wells Road)

Ages: 5 - 9

## Instructor: Kitchen Wizards

Fees: R \$45 / NR \$55

#### **Birding for Beginners**

Walk the trails and explore Central Park looking for birds! Kids will learn how to use binoculars and field guides and effectively communicate with other birders.

#### TWEEN/TEEN

#### **American Red Cross Babysitting Clinic**

The American Red Cross Babysitting class offers in-depth information, training and skill development needed to provide safe and responsible care for children in the absence of parents/ guardians. The course covers feeding babies and preparing food for young children, dressing infants and putting on diapers, selecting safe toys to play with, preventing accidents and responding to emergencies, job interview tips, and basic first aid. Included in the price is an official American Red Cross Babysitter Certification Card and an interactive Red Cross CD. Please bring a pen/pencil and your lunch.

Activity #	Date	Time	Day
0901.014	10/1	9:00 AM - 3:00 PM	Sa



Instructor: Sarah Prebis & Katie Kollar Location: Public Meeting Room

Ages: 11 - 14

Fees: R \$66 / NR \$80

#### **ADULT**

#### **Ballroom Dancing**

Attending a special event? Want to fulfill a lifelong dream of always wanting to learn ballroom dancing? The first step starts right here! Have two left feet? We'll get you on the dance floor the very first night! Want to take your dancing to the next level? We'll teach you how, fun included! Learn the foxtrot, rumba, waltz, cha cha, swing and more. Singles are welcome; however a partner is encouraged. In just ten weeks, you could be the one everyone talks about on the dance floor!

Activity #	Date	Time	Day
1101.014	9/22 - 12/1	7:00 PM - 9:00 PM	Th

Instructors: Chris & Diane Brown

Location: Activity Center (425 Wells Road)

Ages: 18 & over Fees: \$75/single \$135/couple

#### **Square Dancing**

Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress, and meet new and friendly people. It's FUN. In this beginner class, hosted by the Buckaroos Square Dance Club, a professional caller will help you learn and practice the dance figures, or "calls" that make up a square dance. When you've learned a basic set of calls you will

be able to dance with clubs locally and across the country. Experienced dancers will be in each square to help you as you learn. Class dress is casual (please wear comfortable shoes) and refreshments are served. Although it is not required, you are strongly encouraged to bring a regular partner to dance with as it will be easier for you to continue on after the class. Groups of friends are more than welcome! Please note: There is no class on November 24th, Thanksgiving Day.

Activity #	Date	Time	Day	
1105.014	9/22 - 12/15	7:00 PM - 8:30 PM	Th	
Instructor: Buckaroos Square Dance Club				

Location: Titus Elementary

Ages: 18 & over Fees: R \$80 / NR \$90

## Facebook 101: How to Use Facebook

These days, everyone is using Facebook. People use the social networking site to chat and share pictures with family and friends, share their opinion, create an event, or just to make new friends. Learn how to do all of this, plus open an account, build your profile, set your privacy options, and add family and friends. Please bring your laptop, tablet or phone to participate in class.

Activity #	Date	Time	Day
1262.014	10/6	11:30 AM - 1:30 PM	1 Th

Instructor: Val McLeod

Location: Activity Center (425 Wells Road)

Ages: 18 & over Fees: R \$58 / NR \$68



#### **New Program Idea?**

Let us know! We're always looking for new instructors and program ideas. Download our Program Proposal Form at www.doylestownrec.com or give us a call at 215-348-9915 for more information.



#### **Halloween Safety Tips**

Halloween is a fun time for everyone, adults and kids alike. While the costumes and candy are on most kids' minds, it is important to focus some time on safety before they go out trick-ortreating. Follow these tips to help ensure a fun and safe Halloween for all!

- Children under the age of 12 should be accompanied by adult when trick-or-treating.
- Children who are mature enough to go out on their own should be reminded to stick to familiar, well-lit areas, and trickor- treat in groups.
- Choose costumes that are bright in color, or add reflective tape or stickers.
- Carrying glow sticks or flashlights can help children see and be seen by drivers.
- Make sure to cross streets at crosswalks, and be sure to look left, right, and then left again when crossing.
- Stay on sidewalks or paths. If there are none, it is best to walk facing traffic, and stay as far to the left as possible.
- For drivers, it is important to drive slowly on Halloween night, especially in neighborhoods. Take extra time at intersections and be extra careful when backing up or entering and exiting driveways.
- Be alert! Put electronic devices away and make sure to know your surroundings!

The above tips are taken from "Safe Kids Worldwide." For more information, please visit safekids. org.

## **How to Use Your Tablet and Smartphone**

Want to learn how to get the most out of your Smartphone or Tablet? Want to decide which one to buy? This is the course for you! You will get to compare types while learning how to effectively use the devices. Come and join the new world and expand your horizons!

Activity #	Date	Time	Day
1256.014	9/27 - 11/1	10:30 AM - 12:00 I	PM Tu

Instructor: Vic Bittman

Location: Activity Center (425 Wells Road)

Ages: 50 & over Fees: \$75/person

#### Facebook Yard Sale: Sell and buy items or find items for FREE!

Instead of setting up a yard sale on your front lawn, have it online in Facebook! Through Facebook you are able to buy and sell items securely without paying a fee. You can also find great deals on items, and some that are FREE. You will learn how to search for items to buy, list items you wish to sell, and much more. A Facebook account is not needed. Please bring your laptop, tablet or phone to participate in class, as well as digital photos of items you would like to sell.

Activity #	Date	Time	Day
1263.014	10/13	11:30 AM - 1:30 PM	Th

Instructor: Val McLeod

Location: Activity Center (425 Wells Road)

Ages: 18 & over Fees: R \$58 / NR \$68

#### **Getting Paid to Talk**

Ever been told that you have a great voice? From audio books and cartoons to documentaries. commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area! We'll discuss industry pros and cons and play samples from working voice professionals. In addition, you'll have an opportunity to record a short professional script under the direction of our teacher. This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. For more info please visit www.voicecoaches. com/gptt.

Activity #	Date	Time	Day
1240.014	10/13	6:30 PM - 9:00 PM	Th

Instructor: Voice Coaches, LLC Location: Public Meeting Room

Ages: 18 & over Fees: R \$25 / NR \$30

#### **Greek Cooking Part I**

Taste the flavors of Greece with an experienced and passionate cook who demonstrates traditional family Greek cooking. We will prepare Spanakopita, a puff pastry filled with spinach and feta, and Tyropita, layers of fillo filled with a cheese mixture. Other favorites we will prepare are Fasolakia, a green bean stew, and lemon potatoes. Afterwards, sit down with fellow food lovers in your group to eat your prepared meals while listening to Greek music in the background! All groceries will be supplied but please bring a knife,

cutting board, and a container to take home leftover goodies.

Activity # Date Time Day

1266.014 10/3 - 10/10 11:00 AM - 1:30 PM M

Instructor: Val McLeod

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$100 / NR \$110

#### **Greek Cooking Part II**

Join us for part II of our Greek Cooking classes! We will prepare a Grecian chicken sandwich with a zesty Orzo salad and mint meatballs, home fries, and a cucumber salad. Afterwards sit down with fellow food lovers to eat your prepared meals and enjoy Greek music. All groceries will be supplied but please bring a knife, cutting board, and a container to take home leftover goodies!

Activity #	Date	Time	Day
1267.014	10/17 - 10/24	11:00 AM - 1:30 PM	М

Instructor: Val McLeod

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$100 / NR \$110

#### **Hors D'Oeuvres & Dips**

It's always a struggle to get out of the rut with the same ol' recipes you always make. Join Kitchen Wizards for a fun evening of preparing one- ot two- bite recipes for holiday entertaining. Don't eat dinner first! You'll be able to fill up on lots of finger foods, make and sample some new foods, and have a lot of fun!

Activity #	Date	Time	Day
1265.014	12/9	6:00 PM - 8:00 PM	F

Instructor: Kitchen Wizards

Location: Activity Center (425 Wells Road)

Ages: 18 & up Fees: R \$45 / NR \$55

#### **Photography Classes**

All classes held at Allure West Studios:

15 E. State St., Doylestown

## Introduction to Digital Photography SLR Level 1

Stop hiding behind Photoshop. The true art of photography starts behind the camera, not the computer. Through tips and techniques of basic photography, you'll learn how to become more confident using your DSLR, and Photoshop won't need to swoop in to save the day. Home photographers and aspiring amateurs seeking ways to improve their results are ideal for this workshop. Popular makes and models will be compared and can serve as a guideline for future purchases. More advanced technologies, like using your camera in semi-automatic and manual modes, will also be covered. Required Materials: DSLR camera, Manual, charged battery, formatted memory card, pen and paper.

Activity #	Date	Time	Day
1207.014	9/19	6:30 PM - 10:00 PM	М
1207.024	10/17	6:30 PM - 10:00 PM	М
1207.034	11/21	6:30 PM - 10:00 PM	М

Instructor: Allure West Studios

Ages: 18 & over Fees: R \$99 / NR \$109



#### **Discount Tickets**

#### **Ski Tickets**

Discount tickets are available at the Township Administration Building (late Fall) for the 2016-2017 season. Save money and avoid waiting in long lines at the ticket window. Supplies are limited and subject to change. Please call ahead to confirm availability.

Participating Ski Areas:

- Bear Creek
- Big Boudler / Jack Frost
- Blue Mountain
- Camelback (coupon)
- Elk Mountain
- Shawnee Mountain

#### **Movie Tickets**

Super saver tickets are valid at Regal, Edwards and United Artists Theaters. No expiration date. Tickets are unrestricted and valid for all dates and show times

- Individual Tickets \$9.50 ea.
- Ultimate Ticket Pkg. \$27 ea. (Includes two tickets and \$10 gift certificate)

Ticket sales are final. There are no refunds on ticket sales. Payment: Cash, Check, Credit Card or Money Order will be accepted.

#### **Please Register Early!**

Nothing ruins a good program like waiting until the last minute to register.

If a program does not have sufficient registration five working days prior to the start date it may be cancelled.



#### Please be considerate.

When using park facilities please be considerate of other park users.

Pedestrians have the right-ofway on all bike/hike trails and crosswalks.

## Introduction to Digital Photography SLR Level 2

Now that you've taken Level 1 and have practiced your assignments for about 3 weeks, it's time to take it to the next level. We take your expanded knowledge of the basics and learn how to incorporate creative and priority shooting techniques. Required Materials: DSLR camera, Manual, charged battery, formatted memory card, pen and paper. Pre-Requisite: SLR Level 1.

Activity #	Date	Time	Day
1207.044	10/6	6:30 PM - 10:00 PM	Th
1207.054	11/3	6:30 PM - 10:00 PM	Th
1207.064	12/1	6:30 PM - 10:00 PM	Th

Instructor: Allure West Studios

Ages: 18 & over

Fees: R \$99 / NR \$109

#### Introduction to Lightroom

If you have been using your memory cards as a storage device for your pictures and don't know how to begin organizing them, this class is for you! This workshop will teach you how to download your images onto an external hard drive, catalog and edit your images and basic color-correction. Bring a laptop with any version of Adobe Photoshop Lightroom, an external hard-drive, memory card containing images, card reader specific to your laptop and a notebook to take notes.

Activity #	Date	Time	Day
1226.014	10/20	7:00 PM - 10:00 PM	Th
1226.024	11/17	7:00 PM - 10:00 PM	Th
1226.034	12/15	7:00 PM - 10:00 PM	Th

Instructor: Natalie Napoleon Wi

Ages: 18 & over

Fees: R \$150 / NR \$160

#### What Baby Boomers Need to Know About Medicare Parts Plans & MediGap

If you are turning 65 and would like to know more about your Medicare options, this class is for you. Find out the answers to the top Medicare questions like "What are my coverage options?" "When can I enroll?" "What are my next steps?" and "What are parts, plans and Medigap?" Join financial consultant Kristen Druger, who has 15 years experience in the field, and get all your questions answered!

Activity #	Date	Time	Day
1501.014	9/27	6:00 PM - 7:30 PM	Tu

Instructor: Kristen Druger, Financial Consultant, Golden Financial Group Location: Public Meeting Room

Ages: 18 & up Fees: R \$30 / NR \$35

#### **ACROSS THE AGES**

#### **Tennis with BCTA**

These five-week programs implement the games-based approach to teaching tennis and the QuickStart format - the fast and fun ways to learn tennis and/or improve your game. Programs are available for ages 4 to 94+ and from beginner to intermediate players. The atmosphere is

informal, with emphasis on fun, fitness, and play. Free loaner racquets are available. Program size is limited!

Each age category meets during a different time slot. Age categories are as follows:

#### **Pee Wees**

Ages 4 to 6 • 5:15-6 pm •\$65

#### **Little Aces**

Ages 7-10 • 6-7 pm • \$70

#### **Juniors**

Ages 11-13 • 7-8 pm • \$70

**Teens/Adults** (Beginner/Intermediate) Ages 14+ • 8-9 pm • \$70

To register, please visit:

### www.buckscountytennis.usta.

Programs are held at the Central Park tennis courts.

Activity #	Date	Time	Day
1811.014	9/6 - 10/4	5:15 PM - 9:00 PM	Tu

#### PRESCHOOL/YOUTH

#### Smart Soccer "Smart Start" Preschool Program

The successful Smart Soccer preschool clinics continue this Fall, offering a fun skill development program for children ages 3, 4 and 5. The program includes lots of touches on the ball and a variety of activities that are fun and motivational for this age group. Parents have a choice of two time slots, offered on Mondays beginning September 19th.

Please note, since the children are

very young, some parental assistance may be required in terms of helping your own child in some of the skills. This approach has proven very successful in many similar programs run by Smart Soccer in this area.

For more information please visit www.SmartSoccer.com.

Any soccer related questions please contact: info@smartsoccer. com.

Activity	#	Date	Time I	Day
0120.0	14	9/19 - 10/24	11:00 AM - 11:45 AM	1 M
0120.0	24	9/19 - 10/24	12:00 PM - 12:45 PM	М

Instructor: Smart Soccer Staff

Location: Central Park Multi-Purpose Field 1

Ages: 3 - 5

Fees: R \$65 / NR \$75

#### **T-Birds T-Ball**

Players 3 to 4 years old learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Sessions are one hour long, one day per week, and include all instruction and game play in one outing. Each player receives MLB style shirt, baseball cap and award!

Activity #	Date	Time	Day
0119.014	9/12 - 10/10	5:30 PM - 6:30 PM	М

Instructor: Jump Start Sports

Location: Turk Park II Baseball Field 5

Ages: 3 - 4

Fees: R \$70 / NR \$80

## Looking for a place to hold your next event?

Central Park in Doylestown
Township offers a prime location
that can be reserved for special
events or fundraisers. The park
currently plays home to several
popular events in Bucks County,
including IRun4Life, a kids only
3K, The Leukemia & Lymphoma
Society's Light the Night Walk, the
4UDrew Car Show, and many
others. The multipurpose fields
within Central Park are also used
for soccer and other athletic
tournaments.

In addition to 5 multipurpose fields, Central Park offers miles of walking trails, 2 picnic pavilions, and the Covenant Bank Amphitheater, the home to our Thompson Performing Arts Series. The amphitheater, celebrating its inaugural season in 2016, is located right at the center of Central Park and has already been filled with crowds of thousands for numerous performing arts events.

If you are interested in holding a special event in Central Park, please visit www.doylestownrec. com, and check out our Special Events application listed under Department Info & Forms.

Fees for holding a special event will vary depending on the type and size of the event. The 2016 Fee Schedule can be found on our website as well.

Make Central Park the home for your next special event! For additional questions please call the Doylestown Township Administration Building at 215-348-9915 or email info@ doylestownpa.org.

### **Sports & Wellness**



#### Kids Castle Phase II

Kids Castle needs your support. Visit www. SaveKidsCastle.org for more information and find out how you can help.





## Martial Arts with Kokoro Kai

This martial arts program will feature a traditional Martial Arts curriculum that has been established for over 45 years. With an emphasis on childhood development and goal setting, this program promotes "Discipline of Mind and Body" and the development of a positive winning attitude!

The program is directed by the founder of the Kokoro Kai Association, Mr. Jonathan Exaros, whose Headquarters Academy is based out of Horsham, PA. Jonathan has been studying the martial arts since the early 1970's and has been operating the Academy for the past 25 years. An overwhelming majority of the staff members have grown up in the program and are now highly successful adults who are using their martial arts training to reach their own personal goals and development.

Activity #	Date	Time	Day
0463.014	9/12 - 11/7	6:00 PM - 7:00 PM	М
0463.024	11/14 - 12/19	6:00 PM - 7:00 PM	М

Instructor: Kokoro Kai Staff

Location: Activity Center (425 Wells Road)

Ages: 5 - 12

Fees: Session 1 (8 weeks): R \$75/ NR \$85 Session 2 (6 weeks): R \$60 / NR \$70



#### **ADULT**

#### Pickleball 101

Pickleball is a racquet sport that combines elements of badminton. tennis and ping pong. It is the fastest growing sport in the country with an estimated 2 million playing now, and an expected 8 million people playing by 2020. Pickleball was invented in 1965 as a child's backyard pastime but quickly has become an adult favorite as a fun game for players of all levels. Come join in the fun! You will learn about the history, rules, strategies and various techniques on becoming an effective Pickleball player. Each of the 4 weeks will include topics such as grip, ready position. stances, footwork and much, much more, with lots of time to practice your technique and meet new friends. Register now!

Activity #	Date	Time	Day
1013.014	9/21 - 10/12	5:30 PM - 7:00 PM	W

Instructor: Barb Matase

Location: Central Park Tennis Court 1

Ages: 18 & up Fees: \$30/person

#### **Outdoor Boot Camp**

Get out to Central Park for this total body fitness program that takes boot-camp style training to the next level. Each workout will combine cardio, core and strength training, using functional moves and equipment like TRX, battle ropes, Kettlebells and medicine balls, along with good old fashioned boot camp "faves" like

pushups and sprints. This program will keep you fit and feeling great! For all fitness levels. Program held rain or shine; in the event of severe weather, class moves inside at Cornerstone, Doylestown.

Activity #	Date	Time	Day
2207.014	9/19 - 10/26	6:00 PM - 7:00 PM	MW

Instructor: Cornerstone Staff

Location: Covenant Bank Amphitheatre

Ages: 18 & up Fees: \$159/person

## CORNERSTONE FITNESS

#### **Group Exercise**

Applies to Barre Fitness through Zumba. Senior discount will be applied at checkout.

Instructor: Cornerstone Staff

Location: 740 Edison Furlong Rd.

Doylestown, PA 18901

Ages: 18 & up Fee: \$69/person \$59/senior

#### 1) Barre Fitness

This exhilarating class will give you the long, lean muscles of a dancer by toning your seat, abs and arms, while it strengthens your core. Highly effective exercises are performed at the barre and on the floor, taking your muscles to the point of fatigue. Proper alignment will always be emphasized, encouraging amazing posture!

Activity #	Date	Time	Day
2130.014	10/1 - 11/19	9:00 AM - 10:00 AM	Sa

#### 2) Cardio Craze

Utilizing various modes of aerobic activity, including basic Step, AKB, hi/lo, tabatas and some resistance training, you will be challenged to go out of your comfort zone by performing high intensity intervals in order to increase your aerobic capacity, calorie burn and overall fitness.

Activity #	Date	Time	Day
2134.014	9/28 - 11/16	8:30 AM - 9:30 AM	W

#### 3) Group Fight®

Bring it on! This electric 60-minute fusion class of martial arts and boxing movements will kick your cardio fitness to the next level while defining and shaping your body! Energetic music, awesome instructors and a group environment will keep you punching, kicking and smiling! Group Fight® will knock you out! No prior kickboxing experience required.

Activity #	Date	Time	Day
2132.014	9/27 - 11/15	1:00 PM - 2:00 PM	Tu

#### 4) Hatha Yoga & Meditation

A Hatha class with the added benefit of meditation. Learn how to channel your energy and enjoy the relaxing benefits of meditation. Appropriate for all levels.

Activity #	Date	Time	Day
2107.014	9/28 - 11/16	10:45 AM - 12:00 P	M W

Continued on page 12



#### American Red Cross

Support the American Red Cross, your community and the country

When: Friday, September 9th 2:00 pm to 7:00 pm

Location: Activity Center located just behind the
Doylestown Township
Administrative Office

#### To register:

1) www.redcrossblood.org (sponsor code is doylestowntwp)

2) 1-800-redcross

You are eligible if your last donation was on or before July, 15, 2016



### **Sports & Wellness**



#### Three easy ways to register

#### **Online**

#### www.doylestownrec.com

Create a household account and pay online via credit card (Visa, MasterCard or Discover) or print the completed registration form and mail with a check.

#### Mail In / Drop Off

Doylestyown Township 425 Wells Road Doylestown, PA 18901

#### Fax

215-348-8729 (credit card only)

Questions? Need additional information? Give us a call at 215-348-9915 and we'll be glad to assist you.

#### 5) Metabolic Training

A dynamic mix of strength and cardio training designed to burn calories, gain strength and lose fat both during and after the workout

Activity #	Date	Time	Day
2201.014	9/29 - 11/17	6:00 AM - 6:45 AM	Th

#### 6) Pilates Mat Express

Stretch and strengthen the total body, with a focus on the core musculature, known as the "Powerhouse." Pilates mat classes are taught as a series of 30-50 movements performed with minimum repetitions to gain maximum results. Create longer, leaner, stronger muscles, and increased flexibility and mobility. Pilates Mat express is a shorter (45 min.) version of the Pilates Mat class.

Activity #	Date	Time	Day
2119.014	9/27 - 11/15	5:30 PM - 6:15 PM	Tu

#### 8) Spinning®

High energy indoor cycling at its BEST! Get into class and work in a variety of heart rate training zones – find a different road each time! 25-hour advance sign up required for all Spin classes.

Activity #	Date	Time	Day
2104.014	9/29 - 11/17	9:00 AM - 10:00 AM	Th

#### 9) Zumba®

Zumba® combines high energy, international music with fun and easy to do moves and combinations that let you dance your worries (and lots of calories!) away. Ditch the workout and join the party!

Activity #	Date	Time	Day
2113.014	10/2 - 11/20	10:15 AM - 11:15 A	M Su

#### 7) Sculpt

Intense weight training which improves muscular strength and endurance. All fitness level welcome.

Activity #	Date	Time	Day
2117.014	9/30 - 11/18	10:30 AM - 11:30 A	M F



### **Canine Capers**

#### **JUST FOR SENIORS**

#### Silver Sneakers® Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a Silver Sneakers ball are offered for resistance. A chair is available if needed for seated or standing support.

Activity #	Date	Time	Day
2402.014	9/29 - 11/17	12:00 PM - 1:00 PM	Th

Instructor: Cornerstone Staff

Location: Cornerstone Health & Fitness 740 Edison Furlong Rd., Dtown.

Ages: 60 & up Fees: \$59/senior

#### **Silver Sneakers® Yoga**

ESPECIALLY FOR SENIORS! Silver Sneakers® Yoga Stretch is designed just for those 60 and up! Participants will progress through seated and standing yoga poses designed to increase flexibility, balance and range of movement, plus restorative breathing exercises and relaxation at the end.

Activity #	Date	Time	Day
2401.014	9/28 - 11/16	12:00 PM - 1:00 PM	W

Instructor: Cornerstone Staff

Location: Cornerstone Health & Fitness

740 Edison Furlong Rd., Dtown.

Ages: 60 & up Fees: \$59/senior Susie Danzis, Certified Dog Trainer Owner, Training Tails Dog Training



(215)348-3118 susie@trainingtails.net / www.trainingtails.net

#### **CANINE CAPERS**

#### **Reliable Obedience**

Does your dog lose focus around other dogs and distractions? This

class is designed for families with dogs not having any behavior problems, but need more reliability with their obedience commands. This class focuses on obedience commands your dog may already understand and/or an introduction to new obedience commands.

Teach your dog to respond to your commands the first time asked, respond during distractions and STAY in their commands during distractions. This class is designed for dogs that are social with other dogs. For dogs that are 9 months and older.

Please note: During the second session there is NO CLASS on November 26th, December 24th and December 31st.

Activity #	Date	Time	Day
1217.014	9/10 - 10/29	1:45 PM - 3:00 PM	Sa
1217.024	11/5 - 1/14	1:45 PM - 3:00 PM	Sa

Instructor: Susie Danzis

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$175 / NR \$185



#### Walking the dog?

We welcome your "well-mannered" canine friends. Dogs must be leashed and under the control of the owner at all times. Off-leash activity is prohibited. Owners are responsible for cleaning up and properly disposing of waste material.



#### **Roasted Pumpkin Seeds**

It's the time of year for pumkin carving and apple cider! But what do you do with all those seeds you scoop out of the pumkin? How about roasting them for a tasty treat!

#### **Ingredients:**

- 1 1/2 cups raw whole pumpkin seeds
- 2 teaspoons butter, melted
- 1 pinch of salt

#### **Directions**

- 1. Preheat oven to 300 degrees F
- 2.Toss seeds in a bowl with the metled butter and salt. Spread the seeds in a single layer on a baking sheet and bake for about 45 minutes or until golden brown; stir occasionally.
- 3. Enjoy!

Recipe taken from Allrecipes.com.

Please visit our website at www.doylestownrec.com



for the most up-to-date program/event information and other announcements.

#### **Leash, Greet & Manners**

Does your dog jump when guests come to your home? Will your dog grab objects they shouldn't and RUN? A well-mannered dog is much more enjoyable than one that is out of control! This class is designed for the unruly dog that lacks self-control and focus! You will learn commands such as: leave it, drop it, relax, off, place and come; achieved through fun and innovative training techniques. This class is designed for dogs that are social with other dogs. For dogs that are 5 months or older.

Please note: There is NO CLASS on Saturday, November 26th, Saturday, December 24th and Saturday, December 31st.

Activity #	Date	Time	Day
1216.014	9/10 - 10/29	12:15 PM - 1:30 PM	Sa
1216.024	11/5 - 1/14	12:15 PM - 1:30 PM	Sa

Instructor: Susie Danzis

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$175 / NR \$185

#### **Pack Leash Walking**

My Pack Leash Walk and dog training class combined! You will be walking with me, my dog and others (dogs & owners) in "The Pack." A Pack Walk provides excellent physical and mental exercise for your dog as well as healthy interaction with other dogs. This is an ALL outside walking and training class. Learn new exercises to improve your dog's leash walking skills as we power walk through the park. This class is a great option if your dog is

shy, excitable around other dogs, needs exercise, constantly stops or simply enjoys walking. We will teach them to walk (and stay!) on one side of you, walk in a straight line, walk at a steady pace and walk with their head up in the air (rather than trying to eat everything off the ground!). There are 10 weeks available - sign up and come as often as you can! For dogs that are 8 months and older and social with other dogs.

Activity #	Date	Time	Day
1243.014	9/14 - 11/16	3:00 PM - 4:00 PM	W

Instructor: Susie Danzis

Location: Central Park Picnic Pavillion 1

Ages: 18 & up

Fees: R \$115 / NR \$125

#### **Training Tune-Up**

We all need a refresher from time to time! Tell me your training goals and I will design the class to achieve them. If we've worked together in the past, this class is for you. Let's get your dog back on track and remind them that GOOD dogs have more FUN! This class is designed for a maximum of eight dogs that are social around other dogs. Prerequisite: Completed a previous class or in-home training with Susie Danzis. For dogs one year and older.

Activity #	Date	Time	Day
1238.014	9/14 - 10/5	5:00 PM - 6:15 PM	W
1238.024	12/21 - 1/11	5:00 PM - 6:15 PM	W

Instructor: Susie Danzis

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$100 / NR \$110

### **Canine Capers**

#### **Puppy Kindergarten**

Calling ALL new puppy owners! Each class will have a different training topic, as well as healthy socialization with other puppies. We will discuss house-training issues - teaching your puppy how to signal and potty outside - on command. We will address jumping, chewing, play-biting and other common behavior issues. When you and your puppy complete seven classes, you can be recognized by the American Kennel Club and rewarded with their S.T.A.R. Puppy Medal and Puppy Package. For puppies between the ages of three months and six months.

Please note: During the second Fall session there is NO CLASS on Wednesday, November 23rd. During the third Fall session there is NO CLASS on Saturday, November 26th, Saturday, December 24th and December 31st.

Activity #	Date	Time	Day
1203.014	9/10 - 10/29	10:45 AM - 12:00 PN	∕l Sa
1203.024	10/19 - 12/14	5:00 PM - 6:15 PM	W
1203.034	11/5 - 1/14	10:45 AM - 12:00 PN	Л Sa

Instructor: Susie Danzis

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$175 / NR \$185

## Therapy Dog Prep & Testing

This class is designed for handler/dog teams interested in pursuing pet therapy. Interested in becoming a therapy dog team or getting involved with Roxy

Reading? The AKC Canine Good Citizen Program (CGC) certifies dogs that are reliable and wellbehaved members of their home. in public places, and in the presence of other dogs. Bright and Beautiful Therapy Dogs, Inc. is a non-profit organization that evaluates, tests, trains and qualifies owners and their well-behaved dogs as therapy dog teams. This class will prepare you and your dog for CGC or B&BTD testing on the final week of class. With this certification, you will have the opportunity to share your dog's love and support with our community. For mature dogs of any age, but with previous training recommended.

Please note: During the latest Fall session there is NO CLASS on November 23rd.

Activity #	Date	Time	Day	
1206.014	9/14 - 11/2	6:30 PM - 7:30 PM	W	
1206.024	10/1 - 11/19	3:15 PM - 4:15 PM	Sa	
1206.034	11/9 - 1/4	6:30 PM - 7:30 PM	W	
Instructor: Susia Danzis				

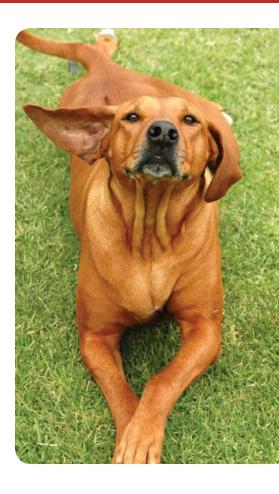
Instructor: Susie Danzis

Location: Activity Center (425 Wells Road)

Ages: 18 & up

Fees: R \$175 / NR \$185





#### **Doylestown Dog Park Member Orientation**

Orientation attendance is mandatory prior to registering for dog park membership. If you have the required paperwork and shot records, you can register at the conclusion of the orientation. Information and registration forms for the Doylestown Dog Park can be found at *doylestownrec.com*.

#### **Orientation Schedule:**

- Saturday Sept. 17th at 3:30pm
- Wednesday, Oct. 12th at 5:00pm
- Saturday, Dec. 3rd at 3:30 pm
- Wednesday, Jan. 11th at 6:30pm

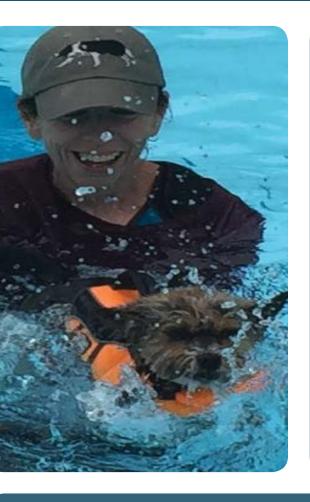
Location: Activity Center 425 Wells Rd, Doylestown ("red" building behind to the Township Building)

Registration: www.doylestownrec.com

Ages: 18 & over

Fees: Free

### **Special Events**



### Fido Float at Fanny Sept 10

Join us for our second annual "Fido Float" at Fanny Chapman Pool. There will be two sessions - *Small (under 30 lbs.) and Large (over 30 lbs)*. All dogs must have current vaccinations (rabies / DHPP) and provide proof on the day of the event (current Doylestown Dog Park members may bring key fob in lieu of records). Doylestown Animal Medical Clinic will be onsite for any K-9 first aid needs.

For information, rules and registration please visit www.doylestownrec.com.

#### **Current Dog Park Members:**

Activity #	Date	Time	Day
1612.024 (large - 30 lbs. and over)	09/10	12:00 pm - 1:45 pm	Sa
1612.014 (small - under 30 lbs.)	09/10	2:15 pm - 4:00 pm	Sa
Non Dog Park Members: Activity #	Date	Time	Day
1612.034 (large - 30 lbs. and over)	09/10	12:00 pm - 1:45 pm	Sa

Location: Fanny Chapman Pool, 10 McKinstry Drive, Doylestown

Ages: 18 yrs & over

Fee: \$10 per dog/session (DP members) / \$15 per dog/session (non-members)

### **Community Yard Sale**

Oct 1
(Rain date Oct 2)

Shoppers and sellers, come on out to Central Park for our annual Community Yard Sale! This multi-family yard sale will feature over 20 vendors, all in one convenient location! Pre-registration for vendors is required by September 18th (spaces are limited and fill quickly)! This event is intended for the residential community, so we cannot permit businesses on-site. Please note: Food sales of any type are prohibited. Tables are not provided. You will have two parking spaces available to you.

Activity #	Date	Time	Day
1607.014	10/1	8:00 am - 1:00 pm	Sa

Location: Central Park

Rain Date: Sunday, October 2nd

Ages: 18 yrs & over

Fees: \$25.00 vendor fee





### Howl-O-Ween

**Oct 22** 

Join Doylestown Township Parks and Recreation for a fun-filled day in Central Park that celebrates our loyal canine friends! There will be a costume contest, with prizes awarded in numerous categories, agility demontrations, lure coursing, Parade of Champions for our rescued dogs, great raffle prizes and more! Local companies and rescue groups will be on site as well. Treat your canine friends to a morning out and a "howling" good time!

Vendor opportunities are available. If you have a pet-related business, rescue, or other dog-related organization and would like to participate, call us at (215) 348-9915 or email us at info@doylestownpa.org.

Activity #	Date	Time	Day
1602.014	10/22	10:00 am - 1:00 pm	Sa

Location: Central Park (425 Wells Rd.)

Ages: 18 yrs & over

Fees: Free

### Radio City Christmas Nov. 21 Spectacular

There's nothing like Radio City at Christmas time, especially when watching the Rockettes. You will enjoy unforgettable thrills this year including, Parade of the Wooden Soldiers and the majestic, Living Nativity. This trip includes deluxe motor coach transportation and tickets for the show (Orchestra). Lunch and free time are on your own. Show time is 2pm! Please arrive between 7:00-7:15 am. Departure at 7:30 am SHARP at the Central Park Tennis Court Lot. Seating is assigned. Please notify us of your group when registering or email info@doylestownpa.org. Register early, tickets go fast!

Activity #	Date	Time	Day
1702.014	11/21	7:00 AM - 8:00 PM M	

Location: Central Park Parking Lot A (tennis courts)

Ages: 3 & over (under 18 must be accompanied by parent/guardian)

Fees: \$120/person

Offered in partnership with Warwick Twp. Parks & Recreation



### **General Information**

Enrollment-General Info: All programs have a minimum and maximum enrollment and are filled on a first-come, first-served basis. Programs may be canceled due to insufficient registration, inclement weather or other reasonable cause. Payment is due at time of registration (space is not guaranteed until proper payment is received). Resident prices are for those who live within the boundaries of Doylestown Township.

#### Ways to Register:

Online: Register your household and pay online via credit card (Visa, MasterCard or Discover).

Mail In: Complete the registration form and mail with full payment to: Doylestown Township, 425 Wells Road, Doylestown, PA 18901. Separate check or money order for each class.

Walk-In: Monday - Friday, 8:30 am-4:30 pm (use drop slot before/after hours) at the Doylestown Township Administrative Office, located at 425 Wells Road, Doylestown, PA 18901.

Payment: Credit card, cash, check or money order. Unless otherwise indicated, please make checks payable to Doylestown Township.

Why Separate Checks... For your benefit: With a single check, one or more programs may be full and the entire registration is held until we receive proper payment. Classes may be full before we can resolve the problem.

Waiting Lists: Waiting lists do not guarantee you a spot. You will be contacted only if a space becomes available. If notified, you will have up to 24 hours to accept the space (with payment) or the opening will be offered to the next person on the list.

#### Registration Confirmations:

Confirmations are not issued unless a self-addressed stamped envelope is included with registration materials.

**Register Early**: Waiting may result in a program being canceled due to low enrollment.

**Insufficient Funds**: A \$35 charge will be charged back to the participant for each returned check. Failure to correct this error in a timely fashion (cash only) will result in removal from the program.

Notice to Participants: Participants must recognize that all programs involve some level of risk, by registering for a program; participant assumes any & all risk. Every effort is made to ensure the safety of participants and to provide high-quality recreational activities, facilities and parks. In the event of a serious accident or illness, our policy is to: Contact 911, when necessary, transport to the hospital and contact the parent/guardian or emergency contact as quickly as possible.

Customer Service: We strive to provide excellence in the area of customer service and satisfaction. Our policies and guidelines have been carefully established to assist us in providing fair and equitable treatment to all.

**Insurance**: Individual accident/medical insurance for participants is not provided by Doylestown Township.

Code of Conduct: Participants and/or spectators are expected to exhibit appropriate behavior at all times while attending any program or event sponsored by Doylestown Township.

Kids' Castle Group Days: Group days have been established for ALL groups regardless of size. Groups that have not pre-registered and/or, checked in will be asked to leave the playground. Exceptions will not be made to this policy.

**Groups Days**: Tuesday, Wednesday and Thursday from 10:00 am to 3:00 pm; May 1st- November 1st (no exceptions).

- ► All groups must be pre-registered.
  - Playground is designed for ages 2-12 only.
  - Fee: \$4/child; Payment is due upon arrival.
  - An 8:1 child/chaperone ratio is required.
  - Group Day registration does not include pavilion.

Facility Use Applications: Groups wishing to utilize a park or park amenity must complete a Facility Use Application or Special Event Application and obtain a permit. These forms can be downloaded at www.dovlestownrec.com.

Pavilion Rentals: Two picnic shelters are available for rental in Central Park. Facility Use Application, insurance, rental fees and security deposit are required. Fees vary depending on group size and residency. Reservations may be made beginning January 1st (Township Residents) & April 1st (Non-Residents). Please call for times and availability.

**Refund Policy**: Refund requests will be handled according to the following guidelines.

- Full refunds are issued for programs that are canceled by the Township.
- Within two weeks prior to the start of any program a \$20 administrative fee will be deducted for all refund requests.
- No refunds will be issued within two weeks of any program.
  - In the event of medical emergency, written verification from a physician will be required. Approved requests will be prorated to reflect attendance, \$20 administrative fee and issued as an account credit only.
- Trip programs: Refunds are issued only if the seat can be re-sold or if the trip is canceled.
- Pavilions: No refunds will be issued within two weeks of pavilion rental. In the event of inclement weather, notification of non-use due must be made 24-hrs. prior to the scheduled use day - No later than Friday at 4pm if the rental is scheduled for a weekend.
- Exceptions may exist for programs that run cooperatively with outside providers and may include nonrefundable fees.

There are no cash refunds. All approved refunds will be issued via township check or account credit.

Check us out at...

www.doylestownrec.com



### Registration

Part 1 • Family Informa	ation (	plazsa prim	at clo	arly)					
Parent Name							Resident		on-Resident
					City State Zip				
Home Phone									
Emergency Contact									
Home Phone			Cell F	Phone	Other				
Part 2 • Program Selection									
Participants Name	Sex	Birthdate	Age	Program		Ad	ctivity Code	<b>:</b>	Fee
	O M O F								\$
	O M O F								\$
	O M								\$
	O F O M						•		\$
	ЭF								φ
Part 3 • Payment									
Payment method: O Check	O Cas	h O Money	Order	O Credit Card (complete for	ollowing	section)	Total P	aymen	t \$
Doylestown Township now off over the telephone by calling 2	215-348-	-9915. If regis					wnrec.com,	in-pers	on, by mail, or
O Visa ® O MasterCard ®				Billing Address Same as above		•			
Credit Card #:				Exp. Date	e	_/	/	CVV#_	
Billing Address:	Iddress:          State          Zip								
Cardholder signature						Date:			
Part 4 • Restrictions / /	Allergi	es / Medic	ation	S					
Restrictions:									
Allergies:									
Medications:									
Part 5 • Authorized Pic	k Up 8	& Transpo	rtatio	n (individuals / relationship	o of thos	se authori	zed to pick	up mir	nor children)
Name:				ne (day):		Relations			,
Name:			Phor	ne (day):		Relationship:			
Part 6 ● Release Form									
Persons other than a parent or to the program supervisor. For t								al guard	dian and submitted
I hereby give the above named consideration of participation in Doylestown, its employees, age the above named program/s. Ir	participa the abov nts, and	ints permission re named recre volunteers ag	n to par eation p ainst ar	rticipate in the above named rec program/s, I/we, do hereby agre ny claims for and on account of	creation pee to hold fany and	program/s d harmless I all injuries	sponsored b and indemn sustained a	ify the T s a resu	ownship of It of participation in
Signature of Participant or Guar	dian (if u	ınder age 18)					Da	te	

Return with payment to: Doylestown Township, 425 Wells Road, Doylestown, PA 18901

#### Doylestown Township 425 Wells Road Doylestown, PA 18901

Phone: (215) 348-9915 Fax: (215) 348-8729

> Office Hours Monday-Friday 8:30 am-4:30 pm

Park System Hours: Dawn to Dusk

Visit us on the web! www.doylestownrec.com

Check regularly for updates and announcements

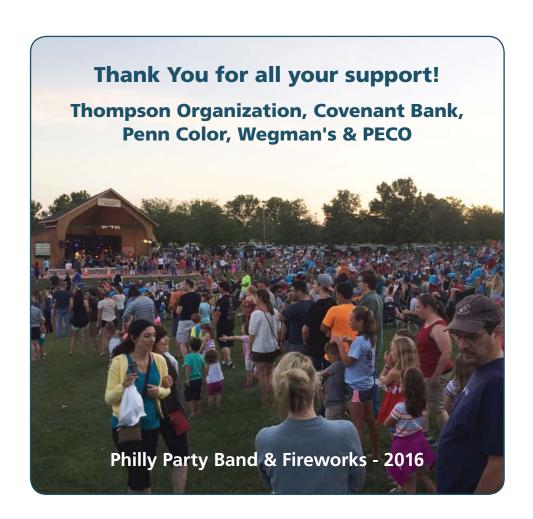
#### **Fabulous Greaseband**

Returning Fall 2016!

Join us for an encore performance by the Fabulous Greaseband, as they perform all our favorite "oldies but goodies" from the '50s, '60s, '70s, '80s and '90s! Dance the night away in Central Park!

Wednesday, Sept. 14th • 7 pm Covenant Bank Amphitheater Central Park





# DOYLESTOWN TOWNSHIP PARKS & RECREATION 2016 Fall Program Guide









